

Brain Injury Family Intervention Workshops

1 or 2-Day Workshops

June 11 – 12, 2015

8:30 a.m. – 4:00 p.m.

Registration at 8:00 a.m.



These interactive workshops focus on enhancing clinical skills in assessment, engagement and intervention with families of persons who

have sustained an acquired brain injury (ABI). The workshops will be of interest to case managers, social workers, psychologists, nurses, OTs, PTs, SLPs, rehabilitation counselors or clinicians in general practice who are interested in learning more effective ways to work with families after adult or pediatric ABI.

Participants can choose to attend **either**:

- 1-Day Foundational Workshop
- or**
- 2-Day Foundational Workshop and BIFI/BIFI-A Intensive Workshop

Day 1 – Foundations of Family Intervention After Brain Injury

Workshop Objectives:

Learn about theoretical frameworks for working with families after ABI

- Develop skills in family assessment
- Acquire tips for engaging clients and families after ABI
- Learn skills for successful interactions with families after ABI
- Learn clinical intervention strategies, case problem solving, and evaluation techniques

Day 1 - Foundations of Family Intervention After Brain Injury

Topics include:

- How individuals, couples, families and relationships are impacted by adult ABI
- How children, adolescents, parents, and families are impacted by pediatric ABI
- Overview of Cognitive Behavioral Therapy Framework
- Family Systems Theory
- Solution Focused Rehabilitation
- Getting the Big Picture – Assessment and intervention
- Assessment and engagement strategies with adolescents and families
- Measures and therapeutic change
- Successful strategies for interacting with families after ABI
- Working with complex family situations
- Objectively evaluating change and therapeutic benefit

Day 2 – BIFI/BIFI-A (Brain Injury Family Intervention): An Evidence-Based Approach

Through small group interactive sessions, role play, vignettes and video-tapes, clinicians will learn how to implement BIFI (Brain Injury Family Intervention for families of adults with ABI) or BIFI-A (Brain Injury Family Intervention for families of adolescents with ABI) programs. ****BIFI-A is now accepted as a Leading Practice by Accreditation Canada.**** **Completion of Day 1: Foundations of Family Intervention After Brain Injury is a pre-requisite.**

Workshop Objectives:

- Learn about a structured approach and practical tools for working effectively with families after adult or pediatric ABI
- Training for the implementation of the BIFI or BIFI-A protocol.

Day 2 - BIFI/BIFI-A (Brain Injury Family Intervention): An Evidence-Based Approach

Participants will choose to attend **either** the BIFI intensive for families of adults or the BIFI-A intensive for families of adolescents. **Both BIFI/BIFI-A workshops include a Treatment Manual and Intervention Kit that:**

- Focuses on skill building, psychosocial support, and education about ABI.
- Uses a protocol that is structured and scripted to facilitate consistent implementation by clinicians.
- Draws upon family discussion, vignettes, role plays and interactive exercises.
- Includes ready-made handouts, reading materials, and brochures to use with clients and families.

Complete package = \$235 value

BIFI Topics include:

- Understanding recovery
- Mastering the art of patience
- Coping with loss and change
- Strategies for effective communication
- Managing stress and intense emotions
- Taking care of yourself
- Focusing on goals and accomplishments

BIFI-A Topics include:

- What happens after brain injury
- Brain Injury happens to the whole family
- Being a teen and achieving independence
- Emotional and physical recovery
- Coping with loss and change
- Managing intense emotions
- Managing stress and taking care of self
- Setting s.m.a.r.t. goals and tracking progress
- Learning patience and solving problems
- School and transition planning

Brought to you in partnership with:

Holland Bloorview
Kids Rehabilitation Hospital

VCU Health System
MCV Hospitals and Physicians

Faculty

Caron Gan, RN, MScN, AAMFT Clinical Fellow & Approved Supervisor, Clinical Team Investigator, Bloorview Research Institute, Holland Bloorview Kids Rehabilitation Hospital. Caron Gan is an RN, a Certified Clinical Traumatologist, and a Marriage and Family Therapist, registered with the Ontario and American Association for Marriage and Family Therapy. For the past 23 years, she has worked with clients with ABI providing psycho-therapeutic intervention to youth, adults, couples and families in both public and private sectors. Caron's research focuses on family interventions after pediatric ABI. She is lead author and primary developer of BIFI-A.

Jeffrey S. Kreutzer, Ph.D., ABPP is a Professor of Physical Medicine and Rehabilitation, Neurosurgery, and Psychiatry at Virginia Commonwealth University (VCU), Medical College of Virginia Campus. Dr. Kreutzer serves as Director of Virginia's federally designated Traumatic Brain Injury Model System and coordinates VCU Health System outpatient services for families and persons with brain injury. Dr. Kreutzer is a neuropsychologist and family therapist with more than two decades experience developing and implementing brain injury family support services. Dr. Kreutzer is the primary developer of BIFI.

Emilie E. Godwin, Ph.D., LPC, MFT: Assistant Professor and Director of Psychotherapy and Family Services at Virginia Commonwealth University (VCU), Medical College of Virginia Campus. Dr. Godwin is a Marriage and Family Therapist specializing in whole family healing after TBI. The BIFI is a mainstay in her clinical practice, teaching curriculums, and lines of past and current research. Dr. Godwin has published a number of peer-reviewed journal articles and book chapters and regularly speaks at family and professional gatherings on the topic of TBI and the family.

BIFI-A Adjunct Faculty

Rebecca Swift, RN, Program Manager, Brain Injury Services Muskoka Simcoe has worked with individuals with ABI and their families in various settings from acute care to the community for the past 16 years.

Kathy Gravel, MSW, RSW, AAMFT Clinical Fellow, Holland Bloorview Kids Rehabilitation Hospital, is a Social Worker and Marriage and Family Therapist. Her clinical experience includes 23 years in social services and health care and 14 years providing psychotherapy to children, youth, parents and families living with ABI in both the public and private sectors.

Alumni

Since 2009, more than 300 rehabilitation professionals from Ontario, Nova Scotia, Alberta, Aruba, U.S.A, and Sweden have participated in our Brain Injury Family Intervention Training workshops.

Outcomes

Our 2-day intensive training workshops have resulted in statistically significant improvements in participants' ratings of knowledge, confidence, and skills in working effectively with families after brain injury.

Testimonials

"I had consistent feedback from colleagues that this was the best training experience they've had"

"This particular learning opportunity may have just been the most user-friendly, applied and useful information I have ever gathered at one event - the information is organized (binder, pamphlets, handouts, etc), and the clarity of presentation, was superior. If ever the effort was worth it, it's with this program."

"Information was easy to understand and there are a lot of take home materials for reference and use. Clinicians/researchers use this material and are doing evidence based research with it."

Registration Fees

Early Bird Rates

Registration on or before April 20, 2015
\$250 for 1-Day Foundational Workshop
\$450 for 2-Day Foundational Workshop and
BIFI/BIFI-A Intensive Workshop

Registration after April 20, 2015

\$300 for 1-day Foundational Workshop
\$500 for 2-day Foundational Workshop and
BIFI/BIFI-A Intensive Workshop

Registration for 2-Day Intensive includes Treatment Manual and Intervention Kit (\$235 value), plus breakfast and lunch. 13% HST will apply to all registration fees. Please note space is limited; 50 participant maximum for BIFI and BIFI-A Intensive Workshops (Max. 25 participants each)

Please follow this link to register:

<https://www.regonline.com/BIFIWorkshops2015>

Certificates of Attendance will be provided by Holland Bloorview Kids Rehabilitation Hospital and Virginia Commonwealth University. Certificate of Attendance implies neither certification nor competence as a family counselor/therapist.

Location:

Holland Bloorview Kids Rehabilitation Hospital
Conference Centre
150 Kilgour Road, Toronto, Ontario, Canada

Directions:

<http://www.hollandbloorview.ca/Aboutus/ContactUs>

For more information about registration or accommodations:

Contact: Sue Moffatt
Email: smoffatt@hollandbloorview.ca
Telephone: 416-425-6220 ext. 3851
1-800-363-2440 ext. 3851

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