



Navigator Update Spring 2016

**Providing a Point of Entry for ABI Services Across
Southeastern Ontario**

Coming Events:

Parkwood Survivor and Family Education Series– FREE!

This 8 week series is being offered weekly in Kingston, Belleville and Brockville from March 22– May 10.

For more details please visit our website!

Post-Concussion Action Group

This 4 session group offers participants education and strategies to manage persistent symptoms of concussion.

Monthly Caregiver Support Groups

are offered at our Kingston location in the LaSalle Mews.

Frontenac Community Services Fair - May 5, 2016

System Navigation will have a booth at the Frontenac Mall along with a number of other community organizations. Hope to see you there!

For more information on groups or to be added to our email distribution list please contact Shannon McCallum.



Acquired Brain Injury System Navigation of
Southeastern Ontario



@ABI_help

Local Update:

New Navigator Introduction-

My name is Shannon McCallum. In January 2016, I took on the role as System Navigator while Rachael Henry is on maternity leave. Since this time, I have had the opportunity to meet many new faces. I would like to thank everyone for the warm welcomes I have received. I look forward to continuing to work collaboratively with partners to address system gaps and increase the capacity of, and access to services for individuals with Acquired Brain Injury.

Engaging Long Term Care Residents with ABI in Activity-

System Navigation presented on this topic for members of the Collaborative Learning Network in February. A great afternoon and a great turnout of staff from a variety of LTC homes in the Quinte area.

Accommodating the Symptoms of TBI –This workshop developed by the Ohio Valley Center for Brain Injury Prevention and Rehabilitation, was provided to 40 community professionals in December 2015, and another 20 participants in March 2016.

June is ABI Awareness Month! Stay tuned for emails and announcements about exciting events happening.

In-services Available For Your Organization-

It is always appreciated when service providers take the time to learn more about brain injury and how they can best serve their clients. If your agency or organization would be interested in receiving an in-service, please get in touch!

Featured Resource:

“A smartphone app designed by an ABI survivor, for ABI survivors. Qcard helps you plan, initiate, follow-through, and complete just about anything. Achieve success every day with this life-changing tool”.

-Sergio DiGiovanni (Developer/ABI Survivor)

To learn more visit: www.qcard.ca



www.braininjuryhelp.ca

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